

The Truth Of The Heart Glossary



Original & Unique Descriptions
Of
Spiritual & Scientific Terms



Abundance: Abound derives from the Latin for wave. Abundance is the wave or vibration that you allow to flow through your body. When holding higher vibrations, you are abundantly kind, gentle, loving and creative. When holding lower vibrations, you are abundantly sad, fearful, angry and destructive. The universe supports your vibrations abundantly.

Age: Age = -a + **G** = not **G**. **G** is Gamma, the highest vibration in the electromagnetic spectrum. It is the vibration that fosters youth. Any vibration less than gamma promotes aging.

Ancestor: Literally means to go before or precede. Therefore your ancestors are simply those patterns of belief and behavior that have preceded the patterns you currently store in your cells.

Atmosphere: Atmosphere = Atom Sphere = Adam Sphere = Adams Fear = Mans Fear. Man creates the atmosphere. Choose your vibrations mindfully.

Authority: Whoever is given the power to write the story that is at hand. The author. The creator.

Ability: Having sufficient power. Intimately connected to the word habit. Your habits define your power. Rehabilitate into higher vibes and regain more power.

Battery: Apparatus that discharges electricity. You operate as a battery when you give your power of choice (elect) away to external sources.



Beauty: Be + You - ty. When you are true to yourself, you stand freely in your truth, which expresses radiantly through your physical structure as beauty.

Belief: Belief = Be + Lief = Be + Love. The beliefs that you store in your cells indicate your degree of self-love. Greater self-belief reflects greater self-love.

Belief: Belief = Possibilities = Imagination. What you believe is what you see. Your imagination is magnetic.

Body: The abode within which your spirit plays on its journey to freedom.

Brilliance: Brilliance = Be Real - ness. When you reconnect with the one true vibration, you will radiate with the brilliance of the diamond that is your real inner source of light. Be real. Find your unique voice. Splash it upon the canvas of life in sparkling creativity.

Cell: Your cells are the compartments you occupy in the prison of your body within your mortal existence so as to progressively rehabilitate and ultimately prove yourself innocent. Change your story.

Child: Child = Kinder = Kind. Be as pure and kind as a little child and radiate the light of youth.

Child/Infant Brains: Youth, Creativity, Imagination, Intuition, Dreams, Light, True Spirit and Regeneration.



Condition: Con + Addition = With an Addition = Not Pure = Less Power. Unconditional love has the greatest power because it is the most pure.

Control: Counter Role. When you are operating under control, you are under the influence of an external source that wishes you to fulfill a role that is counter to your true inner essence. DNA = double helix = dual role = counter role = the role your family wishes you to play.

Creative Feminine Right Brain: Feminine Brain = Ma'am Brain = Membrane. Every membrane in your body is the right brain through which your true spiritual essence expresses. If your true essence is permitted to freely express, then your membranes will be youthful due to the loving vibrations of creation that flow through them. But if not permitted to express freely, your membranes will deteriorate due to destructive vibrations that flow through them.

Delight: **D** Light = **Delta** Radiation. See next.

Delta Radiation: Brain wave patterns of children embodying intuition, imagination and regeneration. They are also the patterns of adult dreams. Clearly, when the child's true essence is suppressed, it recedes into the dark depths only to appear under the cover of night as dreams. Adult dreams are the child's true inner spirit - inspiration.

Divine: Divine = Define. Divine means God like. When your vision is clearly defined, holding your dreams in their finest integrity, you manifest instantly from the highest vibe, gamma. Divine is to make finite or create instantly through love.



Divine Feminine: The feminine principle containing the qualities of Unconditional Love. She is the symbolic representation of the pure Ovum and the Virgin Mary.

Dream: Children express their dreams daily as they live in the world of make believe, which is the realm of intuition and imagination. Adults express their dreams at night when asleep because they have lost their connection to their childhood make believe kingdom. Adult dreams are their true lost essence that wishes to be expressed in the light of day, but instead takes the form of unfulfilled passions.

Electrical Supply: Your bank of choices. That which you elect. Possibilities. The scope of your imagination.

Embryo: Embryo = Ember + Rio = Fire Cycle = Phoenix. The embryo is the proverbial Phoenix that rises from the ashes of mortality over and over again in successive reincarnations on its quest toward immortality.

Emotion: Emotion = E.M. Ocean = Electro Magnetic Ocean. That which you ELECT, is that which is MAGNETISED to you. Your emotions create your electro magnetic field.

Enclosure: Meaning *in the closet*. Your cells are the closets of your body within which the family secrets lurk.

Encourage: In + Heart. Providing loving support from your heart, which assists the flow of creation through belief. All loving vibes are creative, not destructive. Creation occurs within the heart.



Encrypted: Still hiding in fear in the guise of ancestral DNA. The family's secret code that has yet to be exposed. Lower vibrations that need to be loved so as to make an appearance in the light of a new reality.

Energy: Energy = Inner **G**. Energy is your body's measure of **G**amma that resides within your cell nuclei. It is the **G**race that powers your body.

Essence: Essence = Substance = Understanding. Your essence is that which **stands under** you as the foundation of your belief system. Your true essence is your inner spirit or inspiration that guides and supports you lovingly and in kindness.

Eternal Youth: The state in which your physical body is youthful always (in all ways). Your spirits are high and your physical body has full integrity. You are pure & innocent.

Evolution: Evolution = Ef + Illusion = Out Of Illusion. Evolution is the progressive journey of expanding our mind to greater possibilities and accessing our full imagination, which is leading us out of the illusion of limitation and mortality. It occurs within our cells.

Express: That which you express, is that which you out press. As you express your inner spirit, your inspiration out presses through your physical body.



Family: A group of objects with similar characteristics. The group of people with whom you co-habit, who assist you in releasing your lower patterns of behavior by reflecting them back to you as a mirror of opportunity.

Fantasy: Imagination. The capacity to believe in unlimited possibilities. Opening your imagination beyond what has previously been considered normal. Make believe. Truth as yet undiscovered!

Fountain Of Youth: The font, fountain or wellspring within your body from which youth arises. It is the place from which you author your life when you are the master of your story. It is your Once Upon A Time.

Gamma: The God Vibe. The highest vibration in the electromagnetic spectrum, gamma has the most light and energy. Gamma is power.

Generation: G narration = G story. Generation is the measure of Gamma in your cells that defines your life story and which is otherwise known as energy. Generation = Gene Oration = Gene Expression. As you change your life story, you change the energy in your cells and you evolve your gene expression. Evolution occurs in your cells from generation to generation.

Gentle: G enter -al. Gentility is the quality of the one pure **Gamma** vibration.



God: God = G + odd = unique = one. God is the one pure
Gamma vibration that connects us all within the field of grace.
G + one = G + une = Gune = Gyne = Feminine.

Grace: Freedom of Imagination, Youth and Creativity.
Grace is the highest vibrational field in the electro
magnetic spectrum. It is that which powers freedom of
expression...your most pure state.

Gratitude: Gratitude = Great Etude = Great Opus =
agnus Opus. Gratitude is the Great Work of evolution.
Gratitude is the key to the field of grace, the field of unlimited
possibilities. Practice gratitude constantly and cross the e
volutionary finish line into the field of grace.

Happily Ever After: Happily Ever After = Happiness
always = Happiness in all ways. When you bring happiness
into all that you do, say and think, you will have found your
HAPPILY EVER AFTER.

Illusion: Illusion = Ill Vision (with **u** and **v** interchange in
language). As you raise your vibes, expand your mind and
open your heart, you experience new possibilities and new
perceptions. You hold a higher VISION for yourself as you
cast off the ILLUSION of limitation and open your eyes to the
wonder of your own magnificence.

Imagination: Imagine It = Magnet. Imagination =
Magnetism. It is the unlimited reservoir of possibilities from
which creation occurs. It is the field of grace.



Immaculate: Pure. Immaculate is innocent, meaning with no injury (inner jury), therefore expressing your pure essence without having to comply with external conditions. Unconditional.

Immortality: Evolution out of the recurrent life/death cycles of mortality. Youth. Maintaining the highest vibrations of kindness and gentility, thus maintaining integrity of structure. No conditions. Unconditional love.

Infant: Infant = Inner Font = Inner Fountain = Inner Fountain Of Youth.

Infant: Infant = Infinite. The INFANT is the fountain of youth, the source where INFINITE possibilities exist. INFANT cells are stem cells, the blank canvas of INFINITE possibilities.

Innocence: Literally mean no injury. Injury = Inner Jury. When you free yourself from the voices of the past, you liberate your wounded child spirit and purify your cells, thus reconnecting to your true radiant inspiration of youth.

Inspiration: The voice of the Inner Spirit. Youth. Creativity. Imagination. It is your true essence, which always feels good.

Instruction: That which creates your Inner Structure.

Integrity: Truth. Your body holds the highest vibration, which supports your original pure design of youth.



Intuition: Intuition = Inner Tuition. Your inner tutor provides your inner tuition. Listen to its gentle whispers.

Journey: The word journey means daily travel, which is related to the word diurnal and journal. Clearly, your evolutionary journey takes place during your waking hours, when you make your choices and set your beliefs. Evolution occurs within your cells, therefore your body is the journal that holds the record of your daily journey of evolution.

Kindness: Kindness = Kinder -ness. Be kind like a little child and your body will be filled with pure vibrations of radiant light. Kindness fosters youth.

Magnet: Magnet = Imagine It. What you imagine is drawn to you through the power of belief. Belief is magnetic.

Make Believe: To love your idea so much that it becomes your reality. The power to expand your mind, open your heart and resurrect your body. A big dream. MAKE what you BELIEVE about yourself always magnificent.

Manuscript: Literally meaning written by hand or written manually. Your body is the manuscript upon which you write your life story. When you switch from the automatic operation of chemical reactivity to the manual operation of choice within each moment, you take back the power of authorship and scribe a beautiful new story upon your bodily manuscript.

Master: Authority. Power. When you master your physical body, you will have taken back your power and become the author of your story. The master writes the greatest story ever told.



Matrix: Matrix = Matre = Mother = Matter. Your matrix is your physical matter through which your essence expresses. This is your creativity expressing through the fibres of your being, the child expressing through the mother.

Matter: Matter = Matre = Mother. The most pure mother is symbolized by Mother Mary, the Mystical Rose.

Matter: Matter = E.M. Attar = ElectroMagnetic Essence. The most pure essence is Rose. The most pure matter carries the essence of Roses.

Meditation: Meditation = Immediate - ation. Place your awareness in the immediate. This is your constant meditation.

Mind: Contracted heart that only exists in human perception. The expanding mind is the opening heart. When the mind is fully expanded, it has transformed from the mind of man into the heart of God, filled with the highest vibration. The mind is simply the limited, contracted form of the heart.

Mortal: Mortal = mortar - al. Your mortal body slowly becomes more rigid with age as you hold rigidly to old beliefs and patterns of behavior. Your body becomes mortified under the subjection of ancestral rule as your lively joyous spirit is suppressed.

Moment: Moment = Mo' ment = Movement. Be in the moment, and you will be fully present in each and every movement, be it thought, word or deed. So you can always choose how you feel.



Mother Mary: Immaculate Heart containing Grace. A symbolic representation of unconditional love, the pure Ovum and the Divine Feminine.

Mystery: That which is currently beyond your imagination due to your inability to expand your beliefs. That which is still cowering in the dark closet of family secrets for fear of rocking the boat. Dreams unloved.

Nervous System: Your nervous system is very nervous. It is your system of fear.

Open: Open = Unpen. To release from an enclosed state. No longer in the closet. No more secrets.

Opportunity: Opt Unity = Choosing Unity. Any opportunity is a chance you are provided with to move further into unity with higher vibrations creating greater freedom and joy.

Ovum: Mother of all. Your Original Individual Cell. Resides at the base of the spine. Also called an Oocyte = You Site, being the site from which you author your story. Oocyte = You Sight, being your vision or perspective that defines your life story.

Persona: Per Sonar = Per Sound. Sound is lower light vibration, which creates dis-ease within your physical structure. Your individual persona is defined by the voices of the past that are endeavouring to keep you in the family line of acceptable ancestral patterns, which goes against your true inner spirit.



Possible: Pause - able. Unlimited possibilities ride upon the highest vibrations. Anything is possible if you but believe (be love). When you believe in something, you place it in the highest vibrations of love, wherein conditions are pure. As you place your loving attention upon your dream, you pause the vibration thus allowing your dream to now take the form of a particle in physical reality.

Power: Ability. Authority, when you take the reigns as the true author within. Electrical supply, being the choices you make which determine your possibilities and indicate the extent to which you have opened your imagination.

Power: Power = Pure. The more pure your vibration, the more power you have, the more your body lights up with radiance and youth.

Prayer: Prayer = Per Air = Vibration. Vibrations carry information. A prayer from the heart carries the highest vibration and delivers beautiful information.

Pure: Pure = Power. When your body holds the one pure vibration, you will have accessed the field of unlimited possibilities, giving you full power of manifestation.

Radiance: Ray **D**-ness. **D** ray = **D**elta ray. Delta rays are the prevalent patterns of a child's brain. Delta rays foster intuition, imagination and regeneration. Thus when you open your imagination fully, you enter the child's world of make believe wherein regeneration is the norm, and is accompanied by radiant joy and youth.



Resurrection: Progressive process of increased youth that is transpiring from generation to generation, which will ultimately see the end of the recurrent cycles of mortality.

Right Brain: Creative Feminine. The medium through which the Infant and Child brains express. The medium through which Youth expresses. Medium = Matter = Matre = Mother.

Source: Place of rising, beginning, origin or genesis. A fountain, font, spring or well.

Spirit: Your spirit is your essence. It is that which is essential to you being you. Your inner spirit is your inspiration, your true essence that guides you constantly from within.

Story: Story = Store. That which you store in your cells is your story. As you change your beliefs, your story changes along with your behaviours and your biology. Are you writing a beautiful story for yourself?

Subtext: That which has not yet been exposed to the light. Unexplored truth.

Tissue: Tissue = 'tis you. Your body tissue tells the story of you. It exemplifies the beliefs you hold in your cells, the possibilities you express in your mind, the imagination you cast on the world through your creative endeavours.



Traditions: From the Latin for trade. Traditions are those patterns of belief and behavior that you have traded for your true inner spirit in order to obtain external approval from family.

Truth: Integrity = inner + touch = inner kiss or vibration. Your individual truth determines your body structure by virtue of the vibrations that accompany your beliefs. The universal truth is reached when you encounter true love's first kiss, which is the finest vibration of unconditional love that creates your body's original design of youth.

Vibration: Vibration = Fibre - ation. Vibration is that which becomes fibre when focused attention is placed upon it. All physical particles begin as vibration.

Wonder: Wonder = One **D** = Delta radiation. Delta rays epitomize the wonder of a little child. Delta is the brainwave pattern of children. Children are wondrous.

Worship: Worship = Worth Ship. Your body is your temple, your place of worship. The more you WORSHIP your body, the more WORTH you instill in it.

Youth: You - th. When freely expressed, the true you radiates joyously from within your physical structure as the fullness of integrity that ensures youth. Be true to you and your radiance will shine through every fibre of your being as joy brings integrity to your body tissues.